

# Preface

This is a book, which I have decided to name *The Codex*, and which contains a series of revelations intended for those who are spiritually inclined and wishing to experience the world from a slightly different theological perspective. It speaks to individuals, communities and nations on many levels; individually and collectively, spiritually and rationally. Importantly, you need not be necessarily disposed to any particular belief system or religious tradition to benefit from the readings contained in this book. *The Codex* is all embracing and welcomes readers who profess no faith at all. Enjoy the readings from both subjective and objective perspectives. Appreciate the subtle nuances that come to your awareness, serving to strengthen your spiritual experiences and journey into the mysteries of the unknown.

It has been my humble intention not to offend anyone intentionally. Some communications (revelations) have been deliberately left out so as to not to offend the sensibilities of some readers as they were considered too inflammatory to be included in *The Codex* at this moment in time. Perhaps one day I shall include them in my later volumes, when the state of world affairs becomes more stable, less volatile and more humane than it is at the present time.

*The Codex* is intended to be read and discussed widely and it is sincerely hoped it will be of use to a large cross-section of humanity of diverse persuasions. A universally accepted text that makes no distinction between *believers* and *non-believers*, it may contradict some of the views you have held or currently hold. But my personal recommendation is to see through these

superficialities and explore the greater picture that these revelations present to humanity and to you, the kind reader. It must be stressed that this is no normal book as I will very briefly attempt to explain below.

In fact, when I first contemplated writing this preface I was uncertain as to how to structure it and what was required of me to introduce the reader to this fascinating area of spiritual awareness, personal growth and revelations. I was tempted not to write anything, but allow *The Codex* to explain itself. But then I realized that to write something like this would require some thoughtful explanations so that the reader could fully appreciate the teachings it contained and not be put off by the apparent disjointed style of presentation and content.

What follows is a fictional question and answer format to elucidate my humble intentions. I hope you will find it useful and full of insight. With time, I intend to expand further this preface from the expected feedback I hope to receive from the readers. But for now, I hope you will find the following elucidation useful.

*How did this book come about?*

This whole process I found personally very strange. It all started when I was travelling to work very early in the morning. While travelling in my car, I would have a thought or feeling that would enter my consciousness. It would be totally out of the blue and unrelated to what I was doing or thinking at the time. It would be always of a spiritual or religious dimension. As time progressed these thoughts would intrude into my consciousness at any time of the day, e.g. watching T.V., in the gym, while working on my assignments, to mention only a few.

To cut a long story short, I noticed a particular pattern to these thoughts, and some years later began to write them down. This

allowed me to more attentive to the thoughts and feelings, by writing them down and documenting them with dates. My only deep regret is that I failed to write these thoughts down when I first became conscious of them. And so, as a consequence, there may be over a thousand communications that have not been documented. Some of them, I know for a fact, were very profound and soul-searching. Perhaps they will come to me at a later date in my life.

But importantly, it was not the case of me hearing voices from a burning bush in the desert, or being visited by an angel with wings in some deep recesses of a mountain cave. Far from it, these experiences felt very normal, natural, and comforting. This probably partially explains why in my earlier days I ignored the importance of recording these communications in any form.

A further point that is worth mentioning is that the readings in *The Codex* are not the actual words that have surfaced from the depths of my consciousness. They only represent a general free paraphrased translation of my experiential thoughts and an attempt to translate that which is untranslatable. In fact, it is my strong opinion that no translation is ever adequate and this is primarily due to the limitations intrinsic in the written word. I hope this subtle clarification will dispel any misunderstandings that may arise in the reader's mind with regard to the accuracy of the revelations contained in *The Codex*.

*Why were you and not someone else chosen to be the recipient of such revelations?*

In fact, my take on this matter is very simple. I think everyone has this innate capacity to become a recipient of these types of communications. Perhaps, some are more attuned than others. It's just a matter of getting in touch with your inner self and recognising what surfaces from your subconscious. Perhaps, at this

stage in my personal and unique journey in life, I have a greater awareness than say, my gardener. That's not to say that he or she lacks the innate potential. But perhaps he's not ready for it yet. I really don't know the answer to this question. Perhaps, one day I shall know the truth of the matter with a greater clarity of mind.

*Can we trust your message?*

Well, the ultimate decision resides with yourselves. Let's put it this way. I'm no charlatan; nor am I intentionally trying to deceive humanity. You'll just have to take my word for it. You could argue that I may be mentally deranged or suffering from some other ailment of the mind, like psychosis. That is your prerogative. But if that is the case, then please do inform my general practitioner. He may wish to run some tests before having me sectioned under the Mental Health Act should he think I'm a danger to others and myself!

But on a serious note. The same can be said about other great and not so great figures in history. The choice is really yours and how comfortable you feel about things that may appear at first instance very alien to your particular belief system. I would say pick and choose what you like, provided you feel comfortable with it. And, perhaps, do not be so judgmental in your first reading of *The Codex*. Allow yourselves to think about what is being related, and perhaps not come to immediate or hasty conclusions. Read *The Codex* with an open mind.

*How do we know that you are not possessed by some evil or demonic force to create confusion in the minds of the believers?*

I am in no authoritative position to answer this question to the satisfaction of those intent in finding fault with these readings and myself. I can only say that you should read the material with an open mind and follow the whispers of your conscience. If you disagree with anything, just ignore it, and go

onto the next reading. There is no compulsion to follow the guidance contained in *The Codex*. This is because the path one takes to self-awareness is unique to you.

However, I do sincerely hope you find *The Codex* useful and enlightening in many aspects of your own personal lives. As I said earlier, pick and choose that which is agreeable to yourselves and your belief systems. The primary message that appears to echo in *The Codex* is to believe in yourselves and that everything else will come secondary to this belief. A fundamental belief in a God, gods or goddesses is not a requirement to personal salvation.

*Are you claiming to be a prophet or some saint or holy man?*

The answer to this is an emphatic no. I am no different from any ordinary person in the street. I am a mortal, with strengths and weaknesses, like the rest of humanity. But I do think I have a special gift of experiencing things pertaining to spiritual matters that others may not be so at ease with, or lack a receptiveness that may be considered as a prerequisite to unlocking the doors of the heavenly kingdom of our imagination.

Nor do I wish to compare myself with great figures in history like Moses, Buddha, Jesus, Muhammad, Guru Nanak, Bahaullah or the many great saints within the ancient traditions of Hinduism, Paganism and other ancient belief systems. They all served an invaluable role in their communities.

*What if some of the teachings do not agree with my religious traditions?*

If you are not ready to accept some of the teachings then, as I said earlier, simply ignore them for the moment. But don't just rubbish them out of hand. Make a note of them, and then refer back to them at a later date, when you think you will be able

to give them a more serious, generous and objective rendering.

*How did you come about choosing the name of this book?*

I personally liked the word *The Codex* (which may be loosely translated as *The Manuscript*). It just entered into my consciousness when I was engaged in some mundane task. I hope it is a name that people can easily remember and utter when referring to this monumental work in the making.

*How should we go about reading the text?*

You don't have to read *The Codex* in any particular order. Simply open the book randomly and just read the particular reading or readings. If you wish to follow it from beginning to end then that is perfectly fine. *The Codex* is intended to be a very robust form of spiritual information for those interested in the realm of religion and spirituality, and should be read with this mindset.

*Why does it feel a little disjointed? Why does it not read like a normal story book or biblical scriptures?*

The very nature of revelations and communications dictates that it will not read like, say, a novel or a history book. They take place at anytime, under different circumstances and are not scripted like a play. The purpose of *The Codex* is to relay direct and indirect communications in a style that is closely authentic to the original message.

And don't forget that I'm no novelist, writer or journalist wishing to make a lot of money. This is not intended to be a literary masterpiece. I just wish to share with others what I believe belongs to them. I leave it to others to cast their judgment on *The Codex*.

Also note that sometimes a reading may be contextually based.

But it should not prevent you from reading it out of context and applying it to your own particular context and situation. This allows these revelations to take on a more universal dimension and appeal.

*Why does some of the material seem very familiar in The Codex?*

If it didn't feel familiar then I would feel a little worried and concerned. The fact is that much of the material is a continuum of much earlier teachings. The key thing to note is that the process of revelations is a continuous process that never ceases. If this was the case then it would raise more troubling philosophical questions than answers about the whole nature of revelations. I think I'll leave it at that for now, before it becomes too academic.

*Why is this volume one?*

This is because I haven't yet written volume two! In fact, at present, I do have enough material to write several volumes of equal size to the present volume. Initially, I wish to gauge the popularity of this present volume before embarking on publishing the other volumes.

*What will be the content of volume two? And how many volumes of The Codex will there be in total?*

The content will be very similar to the present volume. By that I mean it will appeal to the spiritual dimensions of human existence. It will, naturally, be varied and touch on various aspects of life in general.

The total number of volumes to be published is unknown to myself. This is because, as I said above, that the actual process of communications or a revelation is a continuous process. Not bound by time or space. And I don't imagine these will cease until I draw my very last breath. In the future, the job of

collating these communications will be left to those who wish to publish and disseminate them for the general public consumption. And this is based on the assumption that there will be a sincere desire and hunger for such spiritual guidance, as contained in *The Codex*.

In one of the future volumes I have the humble intention of including the communications that I found very ambiguous, troubling and which related to future events. I thought there was no advantageous purpose in including them so early on in this present volume. However, a few have inadvertently appeared in this present volume, which I have decided to retain.

*What are your personal intentions and aims for The Codex?*

I hope some publishing company takes the gamble and decides to publish the material on a grand scale. Distributed throughout the world and translated into various languages. Bound in various formats, e.g., small pocket versions; children's versions with graphic pictures that complement the readings. And, perhaps, a small percentage of the sales to be donated to a reputable charity that primarily promotes the genuine welfare of people and encourages education.

But perhaps I'm being a little too unrealistic and naive. Then surely, there is nothing wrong in dreaming of what can be achieved, provided it's not too unrealistic! You never know, it could end up in a museum in hundred or so years from now! But the thing to remember is that *The Codex* is not only about me but about us, you, yourselves and the journey we decide to take in life – individually and collectively. I genuinely believe *The Codex* provides the blueprint to the life you may wish to live or at least consider.

I personally believe there is great potential for *The Codex* to do

great good in a world that appears chaotic and lacks direction and spirituality. I can only leave it in the hands of others to see where and to what level they can take this book and its humble message.

I now take leave and ask the kind reader to engage with an open mind the readings that follow. Allow the teachings to guide you on a journey of personal spiritual development. It is a journey, I sincerely believe, you will not regret.